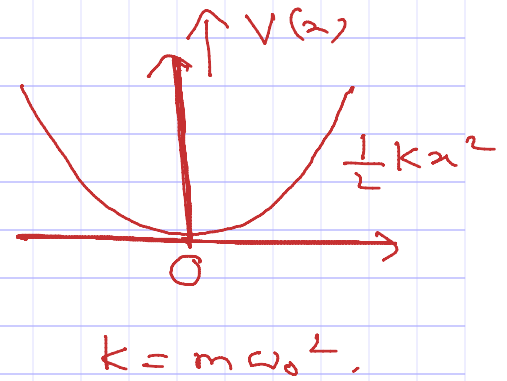


Quantum Harmonic Oscillator

$$\hat{H} = \frac{\hat{p}_x^2}{2m} + \frac{1}{2} m \omega_0^2 \hat{x}^2$$



Let $\hat{P} = \frac{1}{p_0} \hat{p}_x$
 $\hat{Q} = \frac{1}{x_0} \hat{x}$ } Dimensionless version

$$p_0 = m^\alpha \omega^\beta \hbar^\gamma \quad \text{s.t.}, [p_0] = M L T^{-1}$$

$$x_0 = m^a \omega^b \hbar^c \quad \text{s.t.}, [x_0] = M^0 L T^0$$



$$x_0 = \sqrt{\frac{\hbar}{m \omega_0}}, \quad p_0 = \sqrt{m \omega_0 \hbar}$$

$$[\omega_0] = T^{-1}$$

$$[\hbar] = M L^2 T^{-1}$$

$$[m] = M$$

$$[\hat{Q}, \hat{P}] = \frac{1}{x_0 p_0} [x, p_x] = i \quad \text{--- (i)} \quad (\because [x, p_x] = i\hbar)$$

$$\Rightarrow \hat{H} = \frac{p_0^2}{2m} \hat{P}^2 + \frac{1}{2} m \omega_0^2 x_0^2 \hat{Q}^2 = \frac{\hbar \omega_0}{2} (\hat{P}^2 + \hat{Q}^2) \quad \text{--- (ii)}$$

$$\text{Let, } \hat{a} = \frac{1}{\sqrt{2}} (\hat{Q} + i\hat{P}), \quad \hat{a}^\dagger = \frac{1}{\sqrt{2}} (\hat{Q} - i\hat{P})$$

$$\begin{aligned} \Rightarrow [\hat{a}, \hat{a}^\dagger] &= \frac{1}{2} [\hat{Q} + i\hat{P}, \hat{Q} - i\hat{P}] \\ &= \frac{1}{2} \left\{ -i[\hat{Q}, \hat{P}] + i[\hat{P}, \hat{Q}] \right\} \\ &= 1 \quad (\text{using (i)}) \end{aligned}$$

$$\Rightarrow [\hat{a}, \hat{a}^\dagger] = 1 \quad \text{--- (iii)}$$

$$\therefore \hat{H} = \hbar \omega_0 \left\{ \left(\frac{\hat{Q} - i\hat{P}}{\sqrt{2}} \right) \left(\frac{\hat{Q} + i\hat{P}}{\sqrt{2}} \right) - i[\hat{Q}, \hat{P}] \right\} = \hbar \omega_0 \left(\hat{a}^\dagger \hat{a} + \frac{1}{2} \right) \quad \text{--- (iv)}$$

Define a state $|n\rangle$ and a number operator $\hat{N} = \hat{a}^\dagger \hat{a}$, s.t., $\hat{N}|n\rangle = n|n\rangle$.
 (v) \hat{N} (vi) number of particles in state $|n\rangle$.

$$\begin{aligned} \Rightarrow [\hat{N}, \hat{a}^\dagger] &= [\hat{a}^\dagger \hat{a}, \hat{a}^\dagger] \\ &= \hat{a}^\dagger [\hat{a}, \hat{a}^\dagger] + [\hat{a}^\dagger, \hat{a}^\dagger] \hat{a} \\ &= \hat{a}^\dagger. \quad \therefore [\hat{N}, \hat{a}^\dagger] = \hat{a}^\dagger. \quad \text{--- (vii)} \\ &\text{using (iii)} \end{aligned}$$

Similarly,

$$\begin{aligned} [\hat{N}, \hat{a}] &= [\hat{a}^\dagger \hat{a}, \hat{a}] \\ &= \hat{a}^\dagger [\hat{a}, \hat{a}] + [\hat{a}^\dagger, \hat{a}] \hat{a} \\ &= -\hat{a} \quad \therefore [\hat{N}, \hat{a}] = -\hat{a}. \quad \text{--- (viii)} \\ &\text{using (iii)} \end{aligned}$$

Now, $[\hat{N}, \hat{a}^\dagger]|n\rangle = \hat{a}^\dagger|n\rangle$.

$$\Rightarrow (\hat{N}\hat{a}^\dagger - \hat{a}^\dagger\hat{N})|n\rangle = \hat{a}^\dagger|n\rangle. \quad (|n\rangle)^\dagger = \langle n|.$$

$$\Rightarrow \hat{N}\hat{a}^\dagger|n\rangle - n\hat{a}^\dagger|n\rangle = \hat{a}^\dagger|n\rangle. \quad (c_n)^\dagger = c_n^*$$

$$\therefore \hat{N}\{\hat{a}^\dagger|n\rangle\} = (n+1)\{\hat{a}^\dagger|n\rangle\}$$

$$\Rightarrow \hat{a}^\dagger|n\rangle = c_n|n+1\rangle. \quad (\text{action of } \hat{N})$$

$$\therefore (\hat{a}^\dagger|n\rangle)^\dagger \hat{a}^\dagger|n\rangle = (c_n|n+1\rangle)^\dagger c_n|n+1\rangle.$$

$$\Rightarrow \langle n|\hat{a}\hat{a}^\dagger|n\rangle = |c_n|^2 \langle n+1|n+1\rangle.$$

$$\Rightarrow \langle n|1 + \hat{a}^\dagger\hat{a}|n\rangle = |c_n|^2$$

$$(n+1) = |c_n|^2. \Rightarrow c_n = \sqrt{n+1}.$$

$$\therefore \hat{a}^\dagger|n\rangle = \sqrt{n+1}|n+1\rangle. \quad \text{--- (ix)}$$

Similarly, $[\hat{N}, \hat{a}]|n\rangle = -\hat{a}|n\rangle.$

$$\Rightarrow (\hat{N}\hat{a} - \hat{a}\hat{N})|n\rangle = -\hat{a}|n\rangle.$$

$$\therefore \hat{N}\{\hat{a}|n\rangle\} = (n-1)\{\hat{a}|n\rangle\}$$

$$\Rightarrow \hat{a}|n\rangle = d_n|n-1\rangle \quad (\text{action of } \hat{N})$$

$$\therefore (\hat{a}|n\rangle)^\dagger \hat{a}|n\rangle = (d_n|n-1\rangle)^\dagger d_n|n-1\rangle.$$

$$\Rightarrow \langle n|\hat{a}^\dagger\hat{a}|n\rangle = \langle n-1|d_n^*d_n|n-1\rangle.$$

$$\therefore n\langle n|n\rangle = |d_n|^2\langle n-1|n-1\rangle.$$

$$\Rightarrow d_n = \sqrt{n}.$$

$$\therefore \hat{a}|n\rangle = \sqrt{n}|n-1\rangle \quad \text{--- (ix)}$$

Eq. (ix) and (x) signifies that:

\hat{a} is a lowering (destruction) operator.

& \hat{a}^\dagger is a raising (creation) operator.

$$\text{Eq. (iv)} \Rightarrow \hat{H} = \hbar\omega_0\left(\hat{a}^\dagger\hat{a} + \frac{1}{2}\right)$$

$$\therefore \hat{H}|n\rangle = \hbar\omega_0\left(\hat{a}^\dagger\hat{a} + \frac{1}{2}\right)|n\rangle.$$

$$= \left(n + \frac{1}{2}\right)\hbar\omega_0|n\rangle.$$

$\Rightarrow E_n = \left(n + \frac{1}{2}\right)\hbar\omega_0$ corresponding to the eigenstate $|n\rangle.$

Also, $\hat{a}|0\rangle = \sqrt{0}|0\rangle = 0.$ $\therefore |0\rangle$ is lowest state.

$$\hat{a}^{\dagger} = \frac{1}{\sqrt{2}} (\hat{Q} - i\hat{P}), \quad \hat{a} = \frac{1}{\sqrt{2}} (\hat{Q} + i\hat{P}).$$

$$\text{Now, } x_0 = \sqrt{\frac{\hbar}{m\omega_0}}, \quad p_0 = \sqrt{m\omega_0\hbar}$$

$$\therefore \hat{x} = x_0 \hat{Q} = \frac{x_0}{\sqrt{2}} (\hat{a} + \hat{a}^{\dagger}) = \sqrt{\frac{\hbar}{2m\omega_0}} (\hat{a} + \hat{a}^{\dagger}).$$

$$\hat{p}_x = p_0 \hat{P} = \frac{p_0}{\sqrt{2}i} (\hat{a} - \hat{a}^{\dagger}) = \frac{1}{i} \sqrt{\frac{m\omega_0\hbar}{2}} (\hat{a} - \hat{a}^{\dagger}).$$

In ground state $|0\rangle$,

$$\therefore \langle \hat{x} \rangle = \langle 0 | \sqrt{\frac{\hbar}{2m\omega_0}} (\hat{a} + \hat{a}^{\dagger}) | 0 \rangle = 0.$$

$$\langle \hat{p}_x \rangle = \langle 0 | \frac{1}{i} \sqrt{\frac{m\omega_0\hbar}{2}} (\hat{a} - \hat{a}^{\dagger}) | 0 \rangle = 0$$

$$\langle \hat{x}^2 \rangle = \langle 0 | \frac{\hbar}{2m\omega_0} (\hat{a}\hat{a} + \hat{a}\hat{a}^{\dagger} + \hat{a}^{\dagger}\hat{a} + \hat{a}^{\dagger}\hat{a}^{\dagger}) | 0 \rangle$$

$$= \langle 0 | \frac{\hbar}{2m\omega_0} \hat{a}\hat{a}^{\dagger} | 0 \rangle \quad (\text{other terms do not lead to a non-zero contribution})$$

$$= \frac{\hbar}{2m\omega_0}.$$

$$\langle \hat{p}_x^2 \rangle = \langle 0 | -\frac{m\omega_0\hbar}{2} (\hat{a}\hat{a} - \hat{a}\hat{a}^{\dagger} - \hat{a}^{\dagger}\hat{a} + \hat{a}^{\dagger}\hat{a}^{\dagger}) | 0 \rangle$$

$$= \langle 0 | \frac{m\omega_0\hbar}{2} \hat{a}\hat{a}^{\dagger} | 0 \rangle$$

$$= \frac{m\omega_0\hbar}{2}.$$

Now by definition Δx is root mean squared deviation, i.e.,

$$\Delta x = \sqrt{\langle (x - \langle x \rangle)^2 \rangle}$$

$$= \sqrt{\langle x^2 - 2x\langle x \rangle + \langle x \rangle^2 \rangle}$$

$$= \sqrt{\langle x^2 \rangle - 2\langle x \rangle^2 + \langle x \rangle^2} = \sqrt{\langle x^2 \rangle - \langle x \rangle^2}.$$

$$\text{Similarly, } \Delta p_x = \sqrt{\langle p_x^2 \rangle - \langle p_x \rangle^2}$$

∴ In the ground state, the uncertainty product,

$$\Delta x \Delta p_x = \sqrt{\langle x^2 \rangle - \langle x \rangle^2} \sqrt{\langle p_x^2 \rangle - \langle p_x \rangle^2}$$

$$= \sqrt{\frac{\hbar}{2m\omega_0} \frac{m\omega_0\hbar}{2}}$$

$$= \frac{\hbar}{2}.$$

(i.e., $|0\rangle$ has a minimum uncertainty product).

Similarly, it can be easily shown that

$$\text{in state } |n\rangle, \quad \Delta x \Delta p_x = (2n+1) \frac{\hbar}{2}.$$